

For the use of Registered Medical Practitioner or Hospital or Laboratory only

ANTIOXIDANT CAPSULE

Vivafit™

For oral use as a medical food



Description^{1,9,10,14}

Vivafit is a soft gelatine capsule containing a combination of antioxidants including omega-3 fatty acids, vitamins and minerals which have scientifically proven prophylactic and therapeutic beneficial effects.

Composition

Each Soft Gelatin capsule contains:

Eicosapentaenoic Acid	150 mg
Docosahexaenoic Acid	100 mg
Vitamin A (Retinol)	2000 IU
Vitamin C	40 mg
Vitamin E	10 mg
Folic acid	200 mcg
Pyridoxine hydrochloride	2.0 mg
Zinc sulphate	12 mg
Selenium	40 mcg
Manganese sulphate	2 mg
Copper	2 mg
Chromium	100 mcg

Indications

1. Co-prescription in the management and for prevention of Diabetes Mellitus, Cardio-Vascular diseases like Atherosclerosis, Hypertension, Coronary Artery Disease.^{1,2,3,4,11,12,13,14,15,16,17,20,21,22}
2. Co-prescription in the Management of Obesity, Dyslipidemia, PCOS.^{1,2,5,6,9,10,23}
3. Co-prescription in geriatric disorders, convalescence from debilitating diseases.^{1,7,8,910}
4. Treatment or prevention of deficiency of certain vitamins and minerals due to poor diet (malnutrition, restrictive conditions like chronic diarrhoea, cardiac and renal disorders) and during old age.^{1,8,9,24,25,26}
5. Supplementation of antioxidants for a better health and fitness including prevention of degenerative conditions like cataract.^{1,8,9,25,26,27}

Dosage and Direction for Use

1 capsule a day or as directed by the Physician for short or long term use.

Special Precautions and Warnings

Bleeding Disorders^{31,32}

Some trials with omega-3-acids at a very high dose demonstrated prolongation of bleeding

time which did not exceed the normal physiological limits and did not produce clinically significant bleeding episodes. However, in view of the effects people with known bleeding disorders should take it cautiously under guidance of a Physician for long term use.

Fish Allergy³²

Vivafit contains ethyl esters of omega-3 fatty acids (EPA and DHA) obtained from the oil of several fish sources. It is not known whether patients with allergies to fish and/or shellfish, are at increased risk of an allergic reaction to Vivafit. It should be used with caution in patients with known hypersensitivity to fish and/or shellfish.

Pregnancy and Lactation

Consult a physician for use of Vivafit during pregnancy and lactation.

Overdose^{26,27,28,29,30,31,32}

No data of overdose is currently available. Overdose of Vivafit is likely to cause symptoms and signs related to overdose of Vitamin A and/or Omega-3 fatty acids-EPA and DHA. Immediately consult a Healthcare Facility or Physician in case of accidental overdose.

Drug Interactions

Anticoagulants or Other Drugs Affecting Coagulation^{31,32}

Clinical trials have not been done to thoroughly examine the effect of concomitant use of Vivafit with anticoagulants. Patients receiving treatment with Vivafit and an anticoagulant or other drug affecting coagulation (e.g., anti-platelet agents) should be monitored periodically.

Undesirable Effects^{4,8}

Gastrointestinal discomfort, nausea.

Contraindications

Vivafit is contraindicated in patients with known hypersensitivity (e.g., anaphylactic reaction) to it or any of its components.

Presentation

In a box containing 2 x 15 Capsules.

Special Precautions for Storage

Store in a cool and dry place.

Protect from direct sun light.

Keep out of reach of children.

Shelf Life

Best before 24 months from the date of manufacture.

™ Trade Mark

Marketed by:



Human Biologicals Institute
(A division of Indian Immunologicals Ltd.)
Rakshapuram, Gachibowli post,
Hyderabad- 500032, Telangana, INDIA
www.indimmune.com

Manufactured by:

Softgel Healthcare Pvt Limited
Survey No. 20/1, Vandalur-Kelambakkam Road
Pudupakkam Village, Kancheepuram District
Tamilnadu – 603 103, India